



PERMISSION TO SCREW UP

with

Kristen Hadeed



PART ONE

FEAR

EXPLORE YOUR RELATIONSHIP WITH FAILURE

- What did you learn about failure growing up? What did you learn about it as you evolved in your career? How has that influenced your relationship with failure today?





PART TWO

RESILIENCE


START YOUR RESILIENCE RESUME

→ What happened?

→ How would you sum up the lesson you learned from this? What was the “gift” in this experience? How did you grow from it?

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PART THREE

EMPOWERMENT

OVERSTEPPING & UNDER-STEPPING

→ Where am I currently overstepping? Where am I too involved?

→ Where am I currently under-stepping? Where do you need more of my support?

→ Where am I currently striking this balance correctly?

TOOLS TO EMPOWER YOURSELF + OTHERS

1:3:1

- 1 = What is the screwup/setback/challenge?
- 3 = What are three ideas you have to approach the screwup/setback/challenge?
- 1 = Out of those three, what is your recommendation?

Crazy 8s

1. Identify the challenge you are trying to solve.
2. Phrase your challenge as a question that starts with, "How might we . . . ?"
3. Ask all participants to have a pen and paper or blank document on their computers handy.
4. Begin by setting a timer for one minute. In that first minute, every participant should focus on coming up with just one idea. At the end of the minute, say, "Next," and restart the timer for one minute. Repeat this process a total of eight times.
5. At the end of eight minutes, have each person share their ideas with the group. Remember, no idea is too "crazy" for this exercise!



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HUMAN

LEADERSHIP

PROGRAM!

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@KRISTENHADEED
WWW.KRISTENHADEED.COM/BLOG

Kristen Hadeed